

## Expansion to Chemical Health and “Good Citizen” Expectations

### **Nashoba Athletic and Extracurricular Chemical Health Policy**

Participation in athletics and extracurricular activities is a privilege, and we hold high expectations for our athletes and activity participants; one of those expectations includes an alcohol- and substance-free lifestyle. To that end, any student athlete or activity member who, at any time, either on or off campus, uses, consumes, possesses, buys/sells, or gives away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance, will be penalized with consequences that may include the loss of participation in athletic and/or extracurricular events, the loss of leadership positions or opportunities, and the loss of certain recognition opportunities. Student athletes or activity members who commit these offenses on school grounds will additionally face serious school-related consequences, as detailed in the corresponding sections of the school’s Student Handbook.

The investigatory process for suspected transportation, use, possession, distribution, and/or sale of alcohol, drugs, or drug paraphernalia that occurs on school property or at school-sponsored activities is detailed within each school’s Student Handbook. Upon receiving or encountering credible evidence that a possible violation of any of the stated provisions has or may have taken place off-campus, the administration will investigate and take disciplinary action where sufficient evidence is available.

#### **First Violation Minimum Penalties**

When the Principal confirms, following an opportunity for the student to be heard, that a student athlete has violated the chemical health policy, the student shall lose eligibility for the next consecutive interscholastic contests totaling 25% of all interscholastic contests in that sport. For the student, penalties will be determined by the current or next season of participation. In addition, the student may be removed from or lose the ability to hold leadership positions in the school, and may lose opportunities for recognition. For students involved in extracurricular clubs or activities, the adviser will take steps that mirror, as closely as possible, the above standard.

#### **Second and Subsequent Violation Minimum Penalties**

When the Principal confirms, following an opportunity for the student to be heard, that a subsequent violation of the chemical health policy has occurred for a student athlete, the student shall lose eligibility for the next consecutive interscholastic contests totaling 60% of all interscholastic contests in that sport. For the student, penalties will be determined by the current or next season of participation. Any fractional part of an event will be dropped when calculating

the 60% of the season. In addition, the student may be removed from or lose the ability to hold leadership positions in the school, and may lose opportunities for recognition. Extracurricular advisors will take steps that mirror, as closely, as possible, the above standard.

Nothing in this policy prevents a principal, coach, or extracurricular adviser from taking additional steps, up to and including permanent removal from a team, club, or activity, based on individual school policies or team/activity/club expectations.

### **Nashoba “Good Citizen” Policy**

Participation in athletics and extracurricular activities is a privilege, and both athletes and activity participants represent themselves, their team or club, their school, and their community when they compete or participate in athletic or extracurricular events. We hold high expectations for our athletes and activity participants, and we expect that they will act as “good citizens” in the school, at school-sponsored events, and in the community at all times.

For purposes of this policy, a “good citizen” is defined as a student who follows all school rules, who displays integrity at all times, and who follows all applicable community and state laws.

When administration receives substantiated evidence that a student athlete or activity participant may have acted in a manner contrary to this “good citizen” expectation, administration will investigate the incident.

When the Principal confirms, following an opportunity for the student to be heard, that a violation of the “good citizen” expectation occurred, administration will meet with the corresponding coach and/or club adviser and determine appropriate consequences. Depending on the severity of the behavior, consequences may range from a written warning to removal from the team or club. School officials may suspend a student from participation in extracurricular activities who has been charged with a misdemeanor or felony involving violence or weapons until disposition of the charges.